

VICTORY CERIMONIES

DAY	EVENT	TIME
THURSDAY - 7th JULY	Hammer throw - boys	11:30
	Hammer throw - girls	11:30
	400m hurdles - boys	11:30
	High jump - girls	12:30
	Long jump - boys	12:30
FRIDAY - 8th JULY	100m - boys	11:30
	100m - girls	11:30
	Triple jump - boys	11:45
	Javelin - girls	11:45
	1500m - boys	11:45
	3000m - girls	12:40
	Triple jump - girls	12:40
	4x100m - girls	12:40
	4x100m - boys	12:40
	Javelin - boys	12:40
SATURDAY - 9th JULY	300m hurdles - girls	11:00
	200m - boys	11:00
	200m - girls	11:00
	800m - boys	11:30
	800m - girls	11:30
	High jump - boys	11:30
	Long jump - girls	11:30
	2000m Steeplechase - boys	12:15
	4x400m - boys	12:15
	Shot put - boys	12:15
	Discus Throw - girls	12:15
SUNDAY - 10th JULY	400m - boys	16:00
	300m - girls	16:00
	110m hurdles - boys	16:30
	100m hurdles - girls	16:30
	Discus throw - boys	16:30
	Pole vault - boys	16:30
	1500m - girls	16:30
	3000m - boys	17:00
	Shot put - girls	17:00
	Team Ceremony	17:00